

Morning Side

SERVED ALL DAY

<b>FRESH FRUIT</b> (GF) ✓	\$5
<b>HOUSE-MADE BANANA BREAD</b>	\$4
<b>YOGURT &amp; GRANOLA</b> (GF)	\$5
greek yogurt, house-made granola, berries, clover honey	
<b>CHIA PARFAIT</b> (GF) ✓	\$8
fresh berries	
<b>CLASSIC BREAKFAST</b>	\$14
eggs, hashbrowns, toast, bacon or chicken sausage	
<b>BREAKFAST BURRITO</b> ✓A	\$13
scrambled egg, black bean, pico de gallo, cheddar, avocado choice of side salad, fruit or chips + \$4 ADD BACON OR CHICKEN SAUSAGE	
<b>EGG SANDWICH</b>	\$12
english muffin, fried egg, cheddar, harissa, bacon or chicken sausage choice of side salad, fruit or chips	
<b>AVOCADO TOAST*</b> ✓A	\$12
smashed avocado, over easy egg, radish, cilantro, EVOO choice of side salad, fruit or chips	
<b>HUEVOS RANCHEROS</b> (GF)	\$15
eggs, crispy corn tortilla, carnitas, salsa roja, lettuce, pico de gallo, sour cream, pecorino	

Soup, Salads, & Bowls

+ \$4 ADD CHICKEN OR SHRIMP TO ANY SALAD OR BOWL

<b>CHICKEN WILD RICE SOUP</b>	\$6
<b>TOMATO SOUP</b> ✓	\$6
<b>KIMCHI FRIED RICE BOWL</b> (GF)	\$13
grilled caulilini, carrot, shiitake, peas, yum yum sauce, fried egg CAN BE VEGETARIAN OR VEGAN UPON REQUEST	
<b>MIXED GREENS</b> (GF) ✓A	\$12
goat cheese, dried cranberries, pepitas, ground flax seed, red wine vinaigrette	
<b>BEET &amp; SPINACH SALAD</b> (GF) ✓A	\$12
pistachio, apple, goat cheese, red wine vinaigrette	
<b>BUFFALO CHICKEN SALAD</b>	\$14
crispy chicken thigh, tomato, celery, bleu cheese dressing	
<b>MAC &amp; CHEESE</b>	\$9
+ \$4 ADD BACON OR CARNITAS	

Snacks & Sides

<b>HOMEMADE COOKIES</b>	\$3
<b>HUMMUS &amp; VEGGIES</b> (GF) ✓	\$8
<b>FRIES &amp; SEASONED SOUR CREAM</b> ✓A	\$7
<b>SWEET POTATO FRIES</b> (GF) ✓	\$8
<b>CHIPS &amp; DIP</b> (GF)	\$5

(GF) gluten free  
✓ vegan  
✓A vegan adaptable

Coffee, Tea, & Cocoa

	12 OZ/16 OZ
<b>COFFEE</b>	\$2.50/3.00
<b>HOT TEA</b>	\$2.50
<b>ESPRESSO/AMERICANO</b>	\$3.00/3.50
<b>LATTE/CAPPUCCINO</b>	\$4.00/4.50
<b>MACCHIATO</b>	\$2.50/3.00
<b>MOCHA</b>	\$4.25/4.75
<b>CHAI LATTE</b>	\$4.00/4.50
<b>HOT COCOA</b> ✓A	\$3.50/4.00
<b>STEAMER</b>	\$3.00/3.50
<b>HOT APPLE CIDER</b>	\$3.50/4.00
<b>FLAVOR SHOT</b>	\$0.50
vanilla, caramel, chocolate	
<b>MILK SUBSTITUTES</b>	\$0.50
soy, almond, oat	
<b>EXTRA ESPRESSO SHOT</b>	\$1.00

All-Ages Beverages

<b>COKE PRODUCTS</b>	12 OZ/16 OZ	\$2.00/\$2.50
<b>JUICE</b>		\$2.00
orange or apple		
<b>MILK/CHOCOLATE MILK</b>		\$2.00
<i>Draft</i>		
<b>SEASONAL IPA</b>	12 OZ/16 OZ	\$6.00/7.50
<b>SEASONAL PILSNER</b>		\$5.25/7.25
<b>PROSECCO</b>		\$8.00/--
+ \$2 MAKE IT A MIMOSA		
<i>Non-Alcoholic</i>		
<b>DEANE'S KOMBUCHA</b>		\$4.50/\$6.00

alcoholic beverages  
may not be taken off  
Trailhead premises

Adult Beverages

<b>STOLLER SWING WINES</b>	\$8
pino gris, pinot noir, rosé bubbles	
<b>SURLY COFFEE BENDER</b>	\$7
<b>SURLY GRAPEFRUIT SUPREME</b>	\$6
<b>BOLO HARD SELTZERS</b>	\$6
lime, dragon fruit, sour watermelon	
<b>FLYBIRD LIME MARGARITA</b>	\$10
agave wine	
<i>Non-Alcoholic</i>	
<b>BAUHAUS "NAH" HELLES</b>	\$7
	5 MG/10 MG
<b>THC SELTZER</b>	\$8.00/10.00

Sandwiches & Burgers

(GF) AND WRAP OPTIONS  
AVAILABLE BY REQUEST

sandwiches served with side salad or chips  
+ \$3 upgrade to fries, sweet potato fries,  
fruit, or soup

<b>GRILLED CHEESE</b>	\$10
sourdough, jarlsberg, grilled tomato + \$4 ADD HAM OR BACON	
<b>TURKEY AVOCADO</b> ✓A	\$14
lettuce, tomato, avocado, red onion, aioli	
<b>CHERRY MUSTARD CHICKEN</b>	\$14
rotisserie chicken, smoked gouda, cherry mustard sauce, arugula	
<b>TURKEY REUBEN</b>	\$14
turkey, swiss, sauerkraut, 1000 island, rye	
<b>BISON BURGER*</b>	\$16
potato bun, lettuce, tomato, onion, lemon aioli	
<b>BEEF SMASH BURGER*</b>	\$14
potato bun, cheddar or swiss, lettuce, tomato, onion, lemon aioli + \$3 ADD SECOND PATTY	
<b>MVM VEGGIE BURGER</b> ✓A	\$14
potato bun, lettuce, tomato, onion, cashew, lemon aioli	
<b>BBQ PULLED PORK</b>	\$14
potato bun, coleslaw	
<b>CUBAN</b>	\$14
ham, pulled pork, swiss, mustard, house-made pickles	
<b>BURRITO</b>	\$13
rice, black bean, pico de gallo, cheddar, avocado + \$4 ADD SHRIMP, CHICKEN, OR CARNITAS	
<b>NATHAN'S HOT DOG</b>	\$7
+ \$3 LOADED CHILI DOG - CHILI, CHEESE, ONIONS + \$3 KOREAN DOG - KIMCHI, LETTUCE, SRIRACHA AIOLI	

Belgian Waffles

<b>PLAIN</b>	\$5
<b>FRIED CHICKEN &amp; HONEY BUTTER</b>	\$13
<b>MIXED BERRIES &amp; CREAM</b>	\$7
<b>CHOCOLATE &amp; CREAM</b>	\$7

Kids

CHOICE OF FRUIT, FRIES, OR SALAD

<b>EGG, BACON, CHEDDAR BURRITO</b>	\$8
<b>GRILLED CHEESE</b>	\$8
<b>FRIED CHICKEN STRIPS</b> (GF)	\$8
<b>WAFFLES</b>	\$8
choice of mixed berries & cream or chocolate	
<b>MAC &amp; CHEESE</b>	\$8

DRINKS

A 15% service charge has been added to all checks. This provides an equal living wage for all of our employees pursuant to Minn. Stat. 177.23, Subd. 9. This is NOT a gratuity for employee service and is the property of the restaurant.

\*These items are served raw or under-cooked, or contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.